

# Distance Healing: Fact or Fiction

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Healing is a mystery beyond the human ability to understand the science of time, space, and matter (Mentgen and Bulbrook, 1993, Healing Touch Program Workbook). Based on spiritual and scientific principles, Healing Touch Energy Therapy may be accomplished in-person and across distances. Before your head pops off, please let me briefly explain.

The goal of Healing Touch is to reestablish harmony and balance in the energy system. This healing can happen in-person and over a distance. Distance healing works because energy transfers as vibrations in our electromagnetic fields. When the healer's intention is to restore harmony and balance in the human energy system, even from a distance, the results are the same as if the two people are physically in the same space. This works because our thoughts are energy and are not bound by physical limitations.

How many times have you said or heard others say, I'm sending you positive thoughts and prayers, or I am sending best wishes your way? Do you have to be there for your prayers to work? No, you don't because your *intention* transfers energetically to the person for whom you are praying or to whom you are sending positive thoughts. We can help others have positive experiences, even when we are not right next to them. Your intention to be supportive is evident. Distance healing is like sending a prayer across time and space.

Remember: energy follows thought, and energy healing is NOT restricted by distance or physical presence.

To schedule yourself into a distance healing session with me, please go online to: <https://drburrs.com/schedule-appointment/> or on Facebook: <https://tinyurl.com/Facebook-HT-Appointment> or email me at [Admin@DrBurrs.com](mailto:Admin@DrBurrs.com)

I look forward to working with you to support your health, wellness, and stress reduction goals, especially during these anxiety-driven times.

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