

# How to brighten the corner where you are . . .

**Smile . . . Show your teeth**

**Allow yourself to trust . . . Allow yourself to love**

**Focus on what you want**

**Plug in . . . Stay connected**

**Do what you can**

**Say please and thank you**

**Give up the need to always be right**

**Realize you are not always wrong**

**Embrace complexity . . . Stay open to possibilities**

**Dream big and in color**

**Live in the present**

**Let go of the hurtful past**

**Have honest dialogue . . . not mean-spirited discussions**

**Be brave and go for it (whatever IT is)**

**Respect differences**

**Play like a kid every once in a while**

**Love yourself . . . Love others**

**Deal with conflict (inside and out)**

**Close your mouth and open your mind**